

#### **Associated Students of Solano Community College**

# ASSC NEWSLETTER

4000 Suisun Valley Road, Fairfield, CA 94534 (707) 864-7000, Ext.4367

This newsletter is online at <a href="http://www.solano.edu/">http://www.solano.edu/</a> under "News"



#### **Important Spring Dates:**

April 2-8 Spring Break - No Classes

April 16 Begin Summer/Fall 2018 Priority Registration

(See Solano.edu website: "Dates & Deadlines" for

complete Priority Listing).

May 1 Open Registration May 18-24 Finals Week

May 24 Last Day of the Spring Semester /

**SCC 2018 Commencement Ceremony** 

at 6pm at the SCC Doc Hollister Football Stadium

(Important - those walking in the ceremony need to

be at the line up area by 4:30pm)

#### SCC's SUSTAINABILITY ADVISORY COMMITTEE

is sponsoring the 7th Annual



When: Wednesday, April 25, 2018

<u>Time:</u> 10:00 am to 1:00 pm

Where: Student Union Quad @ bldg. 1400

Main Fairfield Campus



Come celebrate our planet
and learn how you can better serve it
by reducing, recycling, reusing, replenishing &
respecting its resources. There will be hands-on
activities, free giveaways, lots & lots of information.
FOR MORE INFO CONTACT:

Sustainability@Solano.edu or Call Sandra Diehl 707.486.0179

### SCC ASSC/Student Life Food Pantry

Hello Students! We would like to remind you of a new resource for those in need. Every Thursday from 12 noon until 4pm through the end of this spring semester, you can come to the Student Life Office in the 1400 building of the main campus and pick up a free bag of groceries. Each bag may contain uncooked beans, rice, cereal, canned veggies, canned fruit, pasta, spaghetti sauce, juice, peanut butter, apple sauce, oatmeal, ham, spam, tuna or canned chicken (meat products vary with availability). Students will need to show their student ID, and provide their signature in order to receive this assistance.

As you may know, the Student Life Office also operates a Food Pantry that provides daily snacks, ramen, granola, fruit bars and water when available to keep your energy level up between classes.



#### **SCC 2018 Commencement Ceremony**

Thursday, May 24, 2018 at 6:00 pm SCC Doc Hollister Football Stadium.

Those who have petitioned for a degree or certificate will receive in the mail, an informational letter about the ceremony along with a yellow participation response card that will need to be returned, in person, to the Student Life Office (only if you plan to participate in the ceremony).

If you petitioned and have not received graduation correspondence by April 20th, please contact the student Life Office at (707) 864-7168 or visit us in room 1425, Monday - Thursday 8am-5pm or Friday 8am-3pm.

You Must Petition in order to Graduate - Please Check with Admissions & Records if you have questions about your petition.





Contact the Student Life Office (room 1425) regarding vital information for the Election, such as; President and Vice President must run together. You may request a copy of the Election Code which will explain other important details.



Associated students of Solano Community College Election Calendar Spring 2018



April 2 to April 20 Declaration of Candidacy Period

April 20 Last Day to Declare Candidacy - by 3:00pm

April 23 \*Mandatory Pre-Election Candidates meeting (all candidates)

April 25 Candidate Document Submission Deadline

April 23 to May 4 Campaign Period

May 2 \*First Mandatory Candidates' assembly (9-11 A.M)

May 3 \*Second Mandatory Candidates' assembly (11 A.M-1 P.M)

May 7 to May 10 Election Week (Main Campus, Vallejo & Vacaville Centers)

May 11 Ballot count

May 15 Run-Off or Ratification of Election Results by the ASSC senate

May 16 Presentation of Results to SCCD Governing Board

\*These activities will be held at the Main Fairfield Campus - 1400 Building

Dates, times and locations are subject to change either by action of the ASSC Senate or by the ASSC Election Committee. It is the responsibility of the candidates to attend all mandatory meetings and assemblies.

If you have any questions please contact the Election Committee Chairperson Shereen Ahmad at <a href="mailto:sahmad@students.solano.edu">sahmad@students.solano.edu</a> or Dr. Rischa Slade: Rischa.Slade@solano.edu or 707-863-7839.

On behalf of the Student Life Office and the Associated Students of SCC, we would like to wish Dena Hudson a wonderful and well deserved retirement. She will be missed.

Counseling Services is excited to announce a new service on-campus provided by JFK University's Community Counseling Centers

# WELLNESS COUNSELING

Mental health therapy consisting of 5-8 sessions

#### What Can Wellness Counselors Help Students With?

- Test Anxiet
- Managing work, family and school responsibilities
- Acclimating to College life (e.g. organizational skills, course load management)
- Cultural and Familial Issues
- Relationship Issues
   Life transitions
- · Conflicts and/or exploration of Identity

- Issues relating to LGBTQ identity
  - Housing issues/ homelessness/ unemployment
  - Substance use (personal or familial)
    - · Trauma/PTSD
- Crisis, Self/harm, suicide (not crisis counselors)
  - · Abuse/DV/IPV
  - · Crief/loss
  - Anxiety

- Depression
- · Academic Underachievement
- Classroom behavioral
   issues
- · Acting out behaviors
- Social interaction issues
  - · Family crisis
  - · Low self-esteem
  - Divorce/separation
    - AND MORE!

#### **REFERRAL PROCESS - START REFERRING NOW!**

- Stop by, call or email (students can self-refer)
- Counseling Services, Bldg. 400 707-864-7101
- counseling@solano.edu
- Complete a referral form which will be given to the JFK Wellness Counselor
- JFK Wellness Counselor will contact the student directly to assess needed services and set up appointments



# RIDE FOR FREE\* SHOW YOUR SCC STUDENT ID!





CITY COACH





TRY THE BUSES FOR FREE!

FREE TRIAL PERIOD through May 24th, then a reduced semester fare will be available to ride all 4 operators using a mobile app





SAVE \$\$\$ ON PARKING!

Contact the Solano Mobility Call Center (800)535-6883

A valid SCC Student ID with a red "Spring 2018" sticker is required for boarding your transit for origins and destinations within Solano County, including SolTrans Solano Express, FAST, FAST Solano Express, and Vacaville City Coach. THIS FREE TRIAL PERIOD IS THROUGH THE END OF THE SPRING SEMESTER MAY 24, 2018!



#### Campus Sheriff's Office Crime Beat



- Grand Theft of Cell Tower Batteries Some-
- time between January 26, 2018 and January 29, 2018, an unknown suspect(s) stole 16 cell tower batteries from a cell tower located at the Fairfield Campus. The Campus Sheriff's Office is working on this case. Anyone with information regarding this theft is encouraged to contact us at 707-864-7131.
- •Bomb Threat On March 12, 2018 at 1205 hours and at 1208 hours, a student called in two (2) bomb threats for all three campuses. As a precautionary measure, all three campuses were evacuated. Bomb detection K9s were called in and after an extensive search, all three campuses were cleared of any suspicious packages. An investigation was immediately initiated. A few days later, a student was arrested for making the bomb threats. The student was charged with four (4) felony counts of making false bomb threats and making criminal threats to kill or cause great bodily harm.

We take all threats seriously and will work diligently to identify and apprehend those who would try to scare or try to hurt our students, faculty and staff.

Please remember the speed limit is only 10 MPH in all parking lots. Campus Sheriff's Office will enforce all traffic laws on our campuses.

#### Crime Beat Tips

✓If you are working or studying late, arrange to leave with a friend or call Campus Sheriff's Office at 707-580-6526 (Fairfield Campus), 707-580-4936 (Vallejo Center) or 707-580-6054 (Vacaville Center) for Safety Escort assistance.

✓ And always, if you see anything or anyone that is acting suspicious, contact the Campus Sheriff's Office in Building 1800 B or call us at (707) 864-7131.

# Solano Community College BLOOD DRIVE

Wednesday, April 11, 2018 11:00AM - 3:00PM

Location: Bloodmobile in the 1400 Quad Area Main Campus-4000 Suisun Valey Rd, Fairfield

To make a lifesaving appointment, visit <u>www.bloodheroes.com</u> Click <u>donate blood</u> & enter sponsor code: <u>solanocc</u>

Please arrive well hyrdated & nourished with a photo id.

If questions, please contact Dena Hudson at 707-864-7000 ext. 4367

Sponsored by ASSC and Student Life







# **Student Health Center – Room 1409** (707) 864-7163

We at the Student Health Center are here to help you stay healthy and learn more about your health.

Treatment of Minor, Acute Illness & Referrals First Aid and Campus Emergencies

The services at the Student Health Center are free to students and are CONFIDENTIAL.

#### **Health Center Staff**

Suzanne Goodwin, PHN Regina Huerls-Washington, HA

#### **Health Center Hours**

Mon thru Thurs 8:00 a.m-6:00 p.m.\*

\*(hrs. subject to change)

Friday. 8:30 a.m. – 3:00 p.m.

Closed when there are no classes.



The Student Health Center has many services that support your efforts to succeed at college. Stop by to learn more about our services and to meet our friendly staff. Check out our webpage at <a href="www.solano.edu">www.solano.edu</a>. Click on "Campus Life" then "Health Center"

- Pregnancy Testing
- Blood Pressure Screenings
- Strep Test
- Blood Sugar Monitoring

**Tuberculin (TB) Skin Testing is** offered on **Mondays** & **Tuesdays - Please call in advance at 864-7163 for an appointment.** You must return in 48-72 hours post test to have the Tuberculin skin test read and receive your record of testing.

**Health Screening** exams are available at the Student Health Center for Children's Program students. Drop-in or make an appointment for your Health Screening.

**Screenings/testing**: Health, diabetic, vision, hearing and urine screenings.

**Medications**: Free over-the-counter medications for common conditions are available free to students at the Student Health Center. Medications include: generic choices of decongestants, pain medications, cough suppressants, lubricating eye drops, burn gel, & more.

FREE Condoms: Includes X-large, latex-free - also, female condoms

**Lactation Station** – Privacy for breastfeeding students to breastfeed their babies or pump milk. Stop by and we'll find a comfortable place for you.



Emergency 911 - When an emergency occurs on campus, the most important thing to remember is to call 911 first. Frequently, in an emergency, people on campus will call the nurse first to evaluate the situation, however this is not always the best option. When this occurs, if the person is unconscious, or severely ill or injured, by not calling 911 first, precious, life-saving time will be delayed. Upon arrival to the scene, the Student Health Center Nurse will assess the patient, and unfortunately, if the reporting person has not called 911 yet, the Nurse or Police Officer on duty will have to make the emergency call. It then takes time for 911 to respond and arrive at the scene. The most important thing to do when you see an emergency is to call 911 FIRST, then call the Student Health Center. If it is a false alarm, the emergency personnel will just assess the situation, and depart, but if it is not, they can transport the person to the ER and administer lifesaving services. The Student Life Center has limited life-saving equipment; and is not considered a first responder. So when in doubt, call 911 first, then call the Student Health Center to assist until the first responders arrive on the scene.

## Student Health Center Nurse Outreach Health Services/Events

#### **Vallejo Center Office Hours**

April 19th ~ 2:30pm-5:30pm (Thur) May 9th~ 2:30pm-5:30pm (Wed)

Clothesline Project: April 17th ~10am-1pm

#### **Vacaville Center Office Hours**

April 17th ~ 2:30pm-5:30pm (Tue) May 7th ~ 2:30pm-5:30pm (Mon)

Clothesline Project: April 24th ~10am-1pm

### Fairfield Main Campus

Clothesline Project /Sexual Assault: April 10th (Tue) ~ 10am-1pm Bldg. 1400 Lobby BREAK THE SILENCE

T-Shirts created by survivors of violence, their family or friends

#### **Planned Parenthood Shasta Pacific**

1325 Travis Blvd., Suite C, **Fairfield**, CA 94533 (707) 429-8855

990 Broadway, **Vallejo**, CA 94589 (707) 643-4545



Mental Health Therapist is no longer available at the Student Health Center, however.....

an Exciting Service is now available to Students at the Fairfield Main Campus! Please see PAGE 2 of this Newsletter for information about the SCC STUDENT WELLNESS PROGRAM! Located at Counseling Services in Bldg. 400

Additional Off Campus Services Available:

Aldea Children and Family Services (707) 427-184

Solano County Mental Health Access Line 1-800-547-0495

Solano County 24 hours Crisis Line (707) 428-1131

# DO YOU NEED A TYPING CERTIFICATE FOR A JOB OR CLASS?

TYPING TEST CERTIFICATES SPRING 2018

You can take a typing test and receive a certificate at the Solano Community College main Fairfield campus.

The test is given in Building 500, Room 502 on Fridays at 11:00am to 3:30pm on the following dates:

April 13, 20, & 27

May 4, 11, & 18

## There is no cost for the test, you don't need to make an appointment, you just need to bring a photo ID

The test consists of a 3-minute warmup and you can try up to three times to complete a 5-minute timing. The speed is up to your goal and you must have no more than 5 errors on he 5-minute timing in order to receive the typing certificate.

times/dates subject to change - contact Pat Ceja at 864-7258



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Our SCC Library carries many required textbooks for students. If you're in a rush to get books, we can help! Call or visit the campus Library in building 100,

at the Main Campus for availability-tel: 864-7132.

Did you Know . . . . The Library also checks out laptops and chrome-books for overnight use. Why bring your own computer when you can borrow ours?

# Badminton Club Open Court - Spring 2018 Mondays 7-9pm in the Main Campus Gym, Bldg.1700 Now through May 14th (No Badminton on April 2nd).

\$2 fee at the door - All eqpt. Provided. Open to All! Questions? Contact: Becky Lum, Club Advisor rebecca.lum@solano.edu

## **OPEN MIC IS BACK!**

Poetry ♦ Songs ♦ Dance
Artisitc Expression ♦ Stand-up Comedy

Wednesdays: April 11 & 18, May 2 & 9 11am - 2pm in the 1400 Lobby

If Sunny and warm, it will be outside of the 1400 building Lobby in the Quad

Sign-ups begin the Tuesday before the activity in the Student Life Office (rm.1425). They will also be open during Open Mic. (no profanity or offensive language allowed)



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## Campus Cat Club

### Earth Day Bake Sale Fundraiser!

Wednesday, April 25th 10am-2pm

1400 Bldg. Outside Quad Area-Main Campus

Featuring home baked goods (including a vegan option)! All proceeds go toward the care and feeding of the already neutered feral cats that live on campus.

### Attention - Fall 2018 Semester New Cosmetology Students!!



Cosmetology Program Information Session Wed., May 23, 2018 1:00-3:00pm Bldg., Room 1610



Join Phi Theta Kappa (PTK) Honor Society and be recognized as



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a top scholar. PTK is an International Honor Society. Membership can help you get scholarships, develop critical learning and leadership skills, give you the competitive edge for transfer and for jobs, and make you part of a worldwide community of scholars. You must be currently enrolled at SCC with a cumulative GPA of 3.5

in at least 12 units of transferable or degree-applicable course work completed at SCC within the last 3 semesters. Drop by the **Student Life Office (Rm 1425) for an application** or for information contact Dr. Shirley Lewis (PTK Advisor) <a href="mailto:shirley.lewis@solano.edu">shirley.lewis@solano.edu</a>

Alpha Gamma Sigma (AGS) Honor Society - AGS is a California Community College Scholastic Honor Society that promotes academic achievement and service. The minimum requirement is a 3.0 GPA and at least 12 units completed. Applications can be picked up from the Student Life Office in room 1425. For additional information, email Professor Rhoads (AGS Advisor) at Genele.Rhoads@solano.edu.

#### Academic Success and Tutoring Center (ASTC) In the Main Campus Library and at the Vacaville & Vallejo Centers

The Academic Success Center and Tutoring Center continue to work together to provide one cohesive service. Referred to as the **Academic Success & Tutoring Center (ASTC)**, students may take advantage of the <u>drop-in tutoring services with No Appointment Needed</u>. Each semester all students utilizing the ASTC area must sign up for TUTR500, which is a non-credit, no homework, free course. We'll help you sign up on the spot!

The **ASTC** space for the main campus is inside the campus Library; enter through the double doors of the library, turn left, and find us at the end of the hall near room 101.

**ASTC drop in tutoring** services are also available at the Vacaville and Vallejo Centers.

All services are free and open to currently enrolled students.

